



# effective communication

## resource library

Effective communication is a core Teaching-Family Model practice that is defined as understanding the emotion and intentions behind information that is being shared. It involves conveying messages but also listening in order to gain the full meaning of what is being said and makes the other person feel heard and understood. Click on each link below to be taken to its respective resource.

### website links:

- [6 steps of effective communication](#)
- [would you rather questions](#)
- [conversation starters](#)
- [family activities: family juggling, building communication & puzzle game](#)

### youtube videos:

- [how to get your child to listen | Importance of communication skills](#)
- [using effective communication to build deeper connections](#)
- [nonverbal communication and the messages we're sending](#)
- [improving communication and increasing comprehension: part 1](#)
- [creating change and increasing understanding: part 2](#)