

2026 Fact Sheet

Programs and Services

Early Intervention & Prevention

- Heartstrings Music & Art Program
- Catawba Valley Healthy Families
- Healthy Transitions

Outpatient & Basic Therapeutic Services

- Outpatient Therapy
- School-Based Therapy
- Day Treatment

Enhanced Therapeutic Services

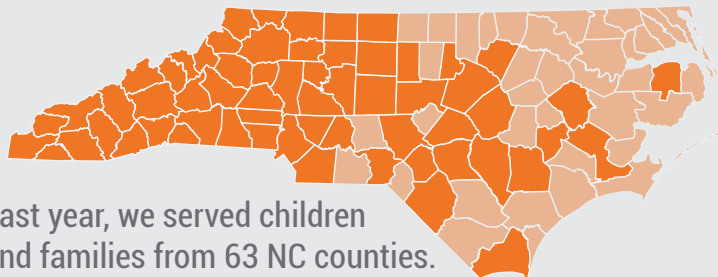
- Intensive In-Home Services
- Treatment Alternatives for Sexualized Kids (TASK)
- Child-Focused Assertive Community Treatment Team (Child ACTT)

Foster Care Services

- Family & Therapeutic Foster Care

Children's Hope Alliance is a leading youth mental health care agency providing therapeutic support to children and families through a wide array of services. Our trauma-informed programs help to wrap care around the entire family, working to support those experiencing the effects of the youth mental health crisis in North Carolina.

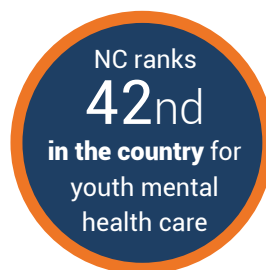
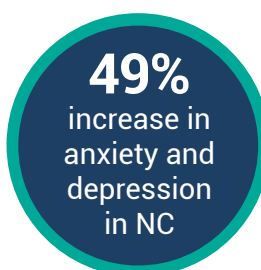
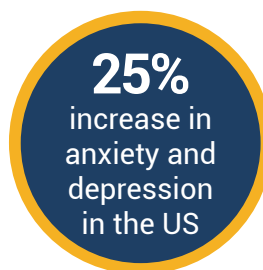
In 2026, we strive to help more than 2,500 children and families through our programs, services and community partnerships.



With over 130 years of experience in child-welfare, CHA aims to provide high-quality services, effective practice models, and positive outcomes for all of the children and families in our continuum of care. Our staff are dedicated to providing evidence-based treatment through foster care, outpatient therapy, and community-based care.



ChildrensHopeAlliance.org



HOPE, HEALTH, and HEALING for GENERATIONS.

why we need your help

There are more than 2.3 million children in North Carolina. Over 465,000 of them have a mental health or behavioral disorder. The majority of them never receive the services they need. **They need our help.** And, we need yours.

Mental Health & Wellness Fund

Provides mental health services to overcome the effects of trauma.

Crisis Needs Fund

Provides resources to children and families in crisis

Grandparents Club Fund

Provides children and families with what they need 'beyond the basics'

Legacy Fund

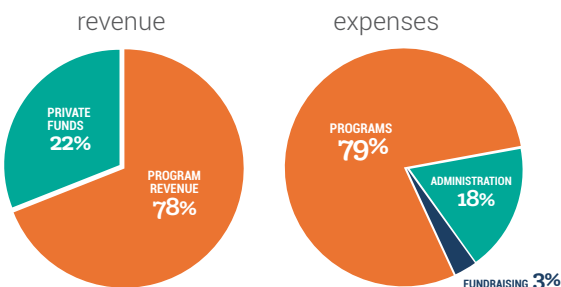
Provides endowment funding in perpetuity

your gifts matter and we are grateful

CHA receives fees for services from government, insurance reimbursements and other contracts —only covering 67% of the cost of our services. So, we rely heavily on our endowment investments and private contributions to provide quality care to NC children in need.

We simply could not fund our mission without you.

2026 Budget



Administration costs at CHA are not frivolous expenditures. These expenses include critical staff training, transportation to rural family locations, extra therapy not covered by insurance, and many other needs not covered by fees for service.



Connor is a 9-year-old with some big challenges. He often showed aggression, didn't follow directions, and had trouble making friends. But despite how he appeared, Connor wasn't angry – he was hurting. He didn't need punishment; he was just a little boy who just wanted to feel safe and be heard.

Our Day Treatment program is designed for children like Connor — kids who aren't thriving in traditional classrooms and need a more supportive, therapeutic environment to continue their education. With a dedicated team of teachers, therapists, and support staff, we focus not just on academics, but on healing and growth.

Little by little, Connor began to change. One day, after a tough moment, Connor recognized his therapist's redirection as a "teaching moment." It was a big step forward. He was starting to see correction as care, not punishment. He started calming down faster and accepting redirection without getting upset. He began using words to share how he felt instead of aggression. When his team listened and acknowledged his emotions, Connor couldn't help but smile. He was proud of himself. Today, Connor is more focused and confident in school. He works on tasks by himself, asks questions when he needs help, and keeps trying even when things are hard. Connor enjoys having friends and now solves problems with them by talking instead of using aggression.



volunteering for CHA

CHA has many ways you can volunteer to help children and families in need:

- Organize a supply drive or benefit
- Donate items from our Amazon lists
- Host a mission tour
- Advocate on social media