

**FREE!**

# Art & Music

LESSONS



**HEARTSTRINGS**

THERAPEUTIC MUSIC & ART

— CHILDREN'S HOPE ALLIANCE —

**All classes are FREE  
and are held at  
183 Barium Springs Drive  
Statesville, NC**

**Questions? Contact us.**

Paula Miller  
704-495-1272

Barb Cassin  
336-413-6751

Katherine Lewis  
980-540-5845

**October 2025**

**Intro to Archery (10-18 yrs, limited to 10)**

Wednesday 10/1 • 4-5:30 pm

**Finger Crochet a Pillow (11-18 yrs, limited to 5)**

Thursday 10/2 • 4-5:30 pm

**Virtual Yoga for Teens (13-18 yrs.)**

Monday 10/6, 10/13, 10/20, 10/27 • 7:30-8pm

**Kid Yoga (10-18 yrs., limited to 8)**

Monday 10/6, 10/20 • 4-4:30pm

**Pumpkin Decoupage (12-18 yrs., limited to 8)**

Monday 10/6 • 4-5:30pm

**Rubber Band Bracelets (10-16 yrs, limited to 6)**

Tuesday 10/7 • 4-5pm

**National Savings Day-Paint a Shark Bank (5-9 yrs, limited to 6)**

Tuesday 10/7 • 4-5pm

**Halloween Acrylic Pours (12-18 yrs, limited to 6)**

Wednesday 10/8, 10/15 • 4-5pm

**Halloween Cat Mask (3-5 yrs, limited to 7)**

Wednesday 10/8 • 10-10:30 am

**National Savings Day Paint a Shark Bank (10-15 yrs, limited to 6)**

Thursday 10/9 • 4-5pm

**Paint a Ceramic Cupcake (5-9 yrs., limited to 5)**

Monday 10/13 • 4-5 pm

**Hand Building Pottery Series (12-18 yrs., limited to 8, sign up for both sessions)**

Monday 10/13 & 10/27 • 4-5:30pm

\*Please contact us for availability for piano, drums, recorder, and guitar lessons.

**RESERVE YOUR SPOT or REGISTER TO VOLUNTEER TODAY AT:**

**[ChildrensHopeAlliance.org/heartstrings](https://ChildrensHopeAlliance.org/heartstrings)**

**FREE!**

# Art & Music

LESSONS



**HEARTSTRINGS**

THERAPEUTIC MUSIC & ART

— CHILDREN'S HOPE ALLIANCE —

**All classes are FREE  
and are held at  
183 Barium Springs Drive  
Statesville, NC**

**Questions? Contact us.**

Paula Miller  
704-495-1272

Barb Cassin  
336-413-6751

Katherine Lewis  
980-540-5845

**October 2025**

**Modern Dance (10-16 yrs, limited to 6)**

Tuesday 10/14 • 4-4:45pm

**Natural Healing Arts Craft (6-11 yrs., limited to 8)**

Thursday 10/16 • 4-5pm

**Halloween Crafternoon (5-9 yrs., limited to 6)**

Monday 10/20 • 4-5 pm

**Necklace Making (10-16 yrs, limited to 6)**

Tuesday 10/21 • 4-5pm

**Paint a Halloween Ceramic Planter (5-9 yrs, limited to 6)**

Tuesday 10/21 • 4-5pm

**Halloween Crafternoon (5-9 yrs, limited to 6)**

Wednesday 10/22 • 4-5 pm

**Day Art (9-18 yrs., limited to 8)**

Thursday 10/23 • 10-11am

**Paint a Halloween Planter (10-15 yrs., limited to 6)**

Thursday 10/23 • 4-5pm

**Pumpkin Painting & Halloween Party (5-16 yrs, limited to 8)**

Tuesday 10/28 • 4-5pm

**Teen In-Person Yoga (11-18 yrs, limited to 8)**

Tuesday 10/28 • 4-4:30pm

**Jam & Sing (12-18 yrs, limited to 8, vocal coaching & instruments)**

Wednesday 10/29 • 4-5pm

**Decoupage Earrings (12-18 yrs., limited to 6)**

Wednesday 10/29 • 4-5pm

**Make Candied Apples (8-16 yrs., limited to 8)**

Thursday October 30 • 4-5pm

**RESERVE YOUR SPOT or REGISTER TO VOLUNTEER TODAY AT:**

**[ChildrensHopeAlliance.org/heartstrings](https://ChildrensHopeAlliance.org/heartstrings)**