



2024 Impact Report

on Mission

Your efforts are changing lives
and creating a lasting impact.

96% of children surveyed agree,
"Staff treated me with respect."

92% of children surveyed agree,
"I was included in developing/
updating my treatment goals."

89% of children surveyed agree,
"I am better able to cope
with challenges and stress."

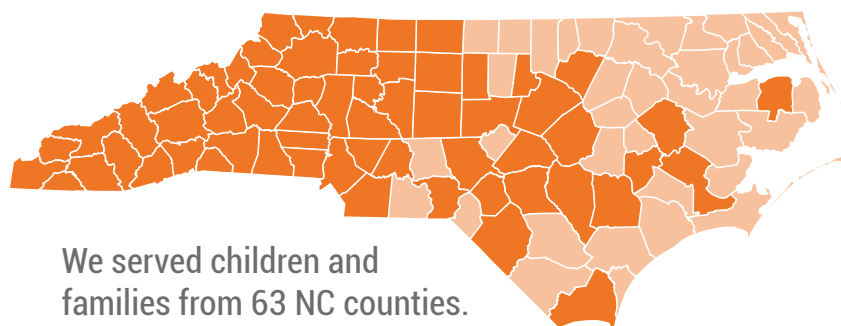
92% of children surveyed agree,
"This service was helpful
to me."

**Contact us today to learn more about
how you can help change lives.**



704-872-4157 / 1-800-320-4157
194 Barium Springs Dr., Statesville, NC 28677

ChildrensHopeAlliance.org



We served children and
families from 63 NC counties.

**In 2024, Children's Hope Alliance helped
over 2,000 children and families through its
programs, services, and community partnerships.**

As a leading youth mental health care agency, Children's Hope Alliance (CHA) provides trauma-informed care that addresses the needs of the entire family. We support children and families in North Carolina through a diverse range of therapeutic services. Our priorities focus on immediate, collaborative solutions to the mental health crisis. We understand that there is no single answer to this dire situation. Children and their families need an array of programs across the entire state to meet their immediate needs. CHA is prepared to wrap our services around entire families to bring hope, health, and healing for generations.

Our mission is made possible by the generosity of individuals, foundations, businesses, and churches that contribute to our financial health and growth. Your support makes a significant impact on the lives of children and families facing challenges, helping us work towards lasting change. Without your contributions, many would struggle to find the help they need. Your kindness brings smiles to their faces and hope to their hearts. Thank you for making a difference!

Nate was one of the kids who seemed to have it all together last year. He was getting good grades, excelling in sports, and looking forward to a winter with friends.

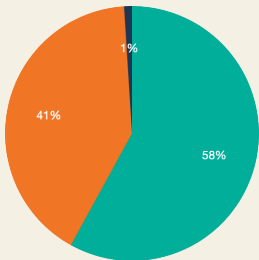
His father couldn't help shake the feeling that Nate was struggling after a break-up with his first girlfriend — noticing small changes in his routines and less energy toward some of his favorite activities. One night, his parents went through his phone and saw texts between him and a friend where Nate wrote, "I just don't want to do life anymore. What's the point."

It was a parent's worst nightmare. Immediately they began to reach out for support and looking for someone to help them navigate not only how to approach Nate about seeing the text, but getting him help.

After connecting with Children's Hope Alliance, his parents were guided through the process of how to safely discuss a topic like suicide with their child and set up an assessment for Nate. Today, Nate is regularly attending therapy through our Outpatient Therapy center where he is learning coping skills, emotional regulation, and an understanding of his anxiety and depression. With so many teens struggling, we are proud that relationships built with CHA experts provide hope, health and healing.

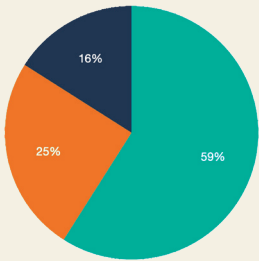


about the children & families you helped



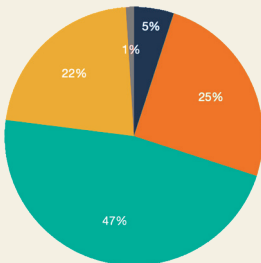
Gender

- Male 58%
- Female 41%
- Unrecorded 1%



Race

- White 59%
- Black 25%
- Other 16%



Age

- 0-4 5%
- 5-9 25%
- 10-14 47%
- 15-19 22%
- 20-25 1%



Allen, an 18-year-old with autism and ADHD, had a tough journey growing up. He went through adoption, moved across the country, and had to adjust to a new life, which was very hard for him.

Allen often sought attention, leading to many struggles and conflicts with others. When he moved from his regular school to our Day Treatment program, he knew it would be challenging. But with help from our therapists, Allen's life got better. Through therapy, Allen learned how to control his emotions better and build positive relationships with others. He went back to regular learning and now gets along well with our staff and his peers. Allen is finishing his last two months in the program and high school, getting ready for adulthood. He is ready to face the world with confidence, using the skills and support he has to succeed.

program & service data from 2024

Foster Care & Adoption Services

267 children are closer to their forever home

- Family & Therapeutic Foster Care
- Intensive Alternative Family Treatment
- Adoption & Post-Adoption Services

Community-Based Services

527 children are on their healing journey

- Catawba Valley Healthy Families
- Intensive In-Home Services
- Intensive Family Preservation & Reunification Services
- Treatment Alternatives for Sexualized Kids (TASK)
- Child Assertive Community Treatment Team (Child ACTT)

School-Based Therapy

526 children improved in school

Heartstrings Music & Arts Program

312 children found support

Outpatient Therapeutic Services

558 at-risk children and families found support

- Individual, Group and Family Therapy
- Psychological Evaluations
- Comprehensive Clinical Assessments
- Medication Management
- Substance Abuse Assessments & Treatment

Community Partnerships

Christmas Angel Program, Hope Closet, The Advocate, and others



children's hope
— ALLIANCE —

Hope, Health, and Healing
for Generations