

2025 Children's Hope Alliance Fact Sheet



Programs and Services

Foster Care Services

- Family & Therapeutic Foster Care
- Intensive Alternative Family Treatment

Community-Based Services

- Child Assertive Community Treatment Team (Child ACTT)
- Catawba Valley Healthy Families
- Intensive In-Home Services
- Intensive Intervention Services
- Treatment Alternatives for Sexualized Kids (TASK)
- Day Treatment Services

Outpatient Therapeutic Services

- Individual, Group and Family Therapy
- School-Based Therapy
- Psychological Evaluations
- Comprehensive Clinical Assessments
- Substance Abuse Assessments & Treatment

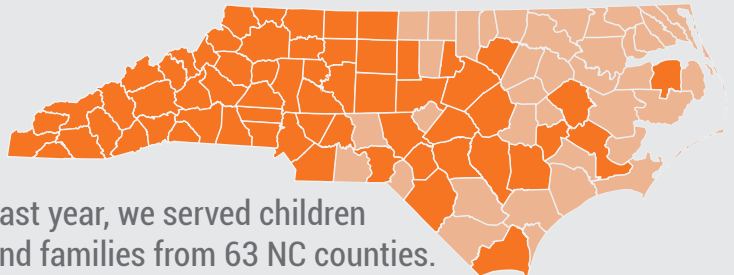
Heartstrings Therapeutic Music & Arts

Community Partnerships

Christmas Angel Program, Hope Closet, The Advocate, and others

Children's Hope Alliance is a leading youth mental health care agency providing therapeutic support to children and families through a wide array of services. Our trauma-informed programs help to wrap care around the entire family, working to support those experiencing the effects of the youth mental health crisis in North Carolina.

In 2025, we strive to help more than 7,500 children and families through our programs, services and community partnerships.



With over 130 years of experience in child-welfare, CHA aims to provide high-quality services, effective practice models, and positive outcomes for all of the children and families in our continuum of care. Our staff are dedicated to providing evidence-based treatment through foster care, outpatient therapy, and community-based care.



ChildrensHopeAlliance.org

25%
increase in
anxiety and
depression
in the US

49%
increase in
anxiety and
depression
in NC

NC ranks
42nd
in the country for
youth mental
health care

HOPE, HEALTH, and HEALING for GENERATIONS.

why we need your help

There are more than 2.3 million children in North Carolina. Over 465,000 of them have a mental health or behavioral disorder. The majority of them never receive the services they need. **They need our help.** And, we need yours.

Mental Health & Wellness Fund

Provides mental health services to overcome the effects of trauma.

Crisis Needs Fund

Provides resources to children and families in crisis

Grandparents Club Fund

Provides children and families with what they need 'beyond the basics'

Legacy Fund

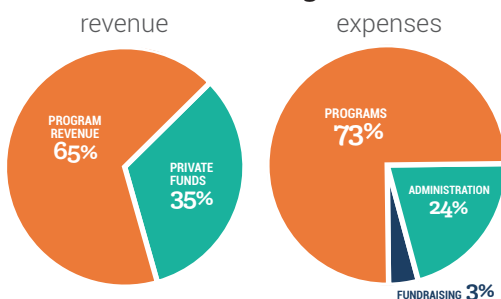
Provides endowment funding in perpetuity

your gifts matter and we are grateful

CHA receives fees for services from government, insurance reimbursements and other contracts —only covering 67% of the cost of our services. So, we rely heavily on our endowment investments and private contributions to provide quality care to NC children in need.

We simply could not fund our mission without you.

2025 Budget



Administration costs at CHA are not frivolous expenditures. These expenses include critical staff training, transportation to rural family locations, extra therapy not covered by insurance, and many other needs not covered by fees for service.

MEET Trent



Trent lived in fear for his life.

With an abusive, alcoholic stepfather, Trent never knew when he was safe. He couldn't even ask for food without fearing harm. He was malnourished. He had no voice to speak up. When he heard banging in the kitchen at night, he knew his mom was being harmed, yet he was too afraid to speak up. One day, Trent's mom found the courage to leave with her son.

Trent is one of the kids in CHA's Outpatient Therapy Program. Today, he is working to find his voice again. As his mom works to rebuild the years they've lost, this sweet boy is learning that it's ok to ask for what he needs. Children need someone to help them process their fears and change how they react to trauma. Kids who grow up in a constant state of fear need significant support to heal, even when they are in a safe, loving environment. Trent and his mom are on the right path forward, and our team loves to hear his voice grow stronger and prouder every week. Your donations have given this child a voice. Thank you for your heart for healing.

volunteering for CHA

CHA has many ways you can volunteer to help children and families in need:

- Organize a supply drive or benefit
- Donate items from our Amazon lists
- Host a mission tour
- Advocate on social media

