# 2023 Children's Hope Alliance Fact Sheet



## **Programs and Services**

### **Foster Care & Adoption Services**

- Family & Therapeutic Foster Care
- · Intensive Alternative Family Treatment
- · Adoption & Post-Adoption Services

### **Community-Based Services**

- Child Assertive Community Treatment Team (Child ACTT)
- · Catawba Valley Healthy Families
- Intensive In-Home Services
- Intensive Family Preservation & Reunification Services
- Treatment Alternatives for Sexualized Kids (TASK)
- Specialized Treatment of Perpetration (STOP)
- Day Treatment Services

### **Outpatient Therapeutic Services**

- Individual, Group and Family Therapy
- School-Based Therapy
- Psychological Evaluations
- Comprehensive Clinical Assessments
- Medication Management
- · Substance Abuse Assessments & Treatment

## Heartstrings Therapeutic Music & Arts

### **Community Partnerships**

Christmas Angel Program, Hope Closet, The Advocate, and others



704-872-4157 / 1-800-320-4157 info@childrenshopealliance.org

ChildrensHopeAlliance.org

Children's Hope Alliance is committed to helping children and families of all shapes, sizes and definitions through a vast array of community-based services. Our comprehensive programs give hope to North Carolina's children and families by providing a safe family home, a pathway to healing and a healthy start toward a bright future.

In 2023, we strive to help more than 2,500 children and families through our programs, services and community partnerships.

Last year, we served children and families from 63 NC counties.

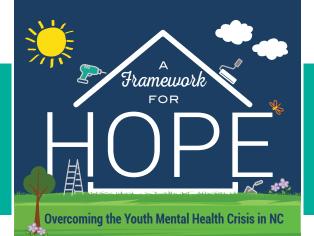
Founded in 1891, Children's Hope Alliance is the result of several nonprofit mergers over the last twenty years—the most significant included Barium Springs Home for Children and Grandfather Home for Children—each over 130 years old. Children's Hope Alliance is known for high quality services, positive outcomes, and effective practice models—all essential to providing hope, health, and healing for generations.

Nearly
1-in-4
NC high school
students seriously
contemplated
suicide in 2021

North Carolina ranks
42nd
in the country for youth mental health care

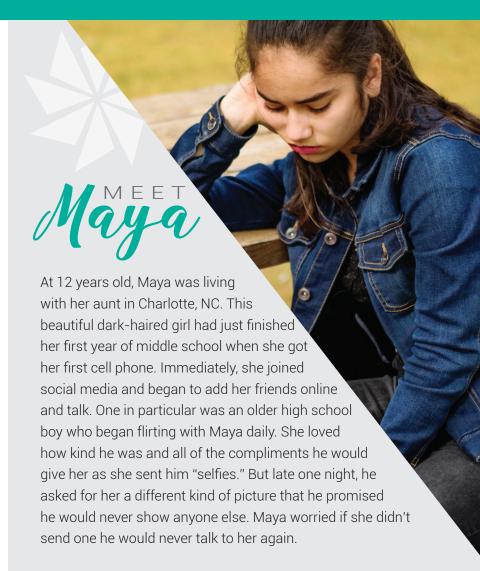
43%
of NC high school
students feel
'sad or hopeless'
compared to
28% in 2011

Contact us today to learn more about how you can help change lives.



## There is a Youth Mental Health Crisis in NC

Every at-risk child deserves access to mental health services. We have developed a strategic plan to help address this crisis. Each of us can be part of the solution.



The next day she woke up to messages from her friends telling them to call her immediately. This boy had taken her photos and sent them around. Later that morning, she had her first suicide attempt.

After being stabilized, Maya entered the Intensive In Home (IIH) Therapy Program with CHA. They worked to help Maya and her family heal from this trauma. She is also learning internet safety and getting help to deal with the court system that has taken punitive actions against the boy. One day, with the help of her team, she will be okay and move on to become a strong and confident teenager. Her victimization will not define her.

Child's name and photo have been change for her protection, but her story is very real.

# why we need your help

There are more than 2.3 million children in North Carolina. Over 465,000 of them have a mental health or behavioral disorder. The majority of them never receive the services they need. **They need our help.** And, we need yours. We need funding assistance for four things:

#### **Annual Fund**

Provides gap funding for therapy, foster care, adoption, and other programs

#### Crisis Needs Fund

Provides resources to children and families in crisis

# Grandparents Club Fund

Provides children and families with what they need 'beyond the basics'

#### **Legacy Fund**

Provides endowment funding in perpetuity

## volunteering for CHA

CHA has many ways you can volunteer to help children and families in need:

- Organize a supply drive or benefit
- Donate items from our Amazon lists
- Host a mission tour
- Advocate on social media

### schedule a tour

Tours of our mission take less than 20 minutes or up to an hour depending on your preferences. Schedule your tour today online or via email:

childrenshopealliance.org/about-us/take-a-tour development@childrenshopealliance.org