



2022 Impact Report

on Mission

Overcoming tremendous obstacles, CHA shines bright...

93% of children surveyed agree,
"I am better able to cope
with challenges and stress."

97% of parents surveyed agree,
"I was included as a partner
in planning my child's services."

99% of children & parents
surveyed agree,
"Staff treated me with respect."

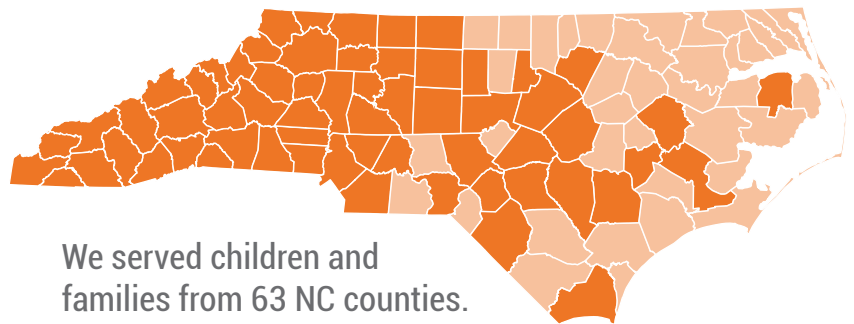
95% of children surveyed agree,
"This service was helpful
to me."

**Contact us today to learn more about
how you can help change lives.**



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[ChildrensHopeAlliance.org](https://www.ChildrensHopeAlliance.org)



We served children and
families from 63 NC counties.

**In 2022 Children's Hope Alliance helped
over 2,270 children and families through
programs, services and community partnerships.**

Throughout the year, CHA focused on stabilization after a tumultuous few years during the pandemic. As the need for our services grew, it was important for CHA to expand its community impact. Staff and board members are extremely proud to show no reduction in care even though the agency closed all residential services in the prior year. CHA remains committed to provide a full spectrum of services with higher impact and quality through community-based services.

Almost every service grew last year including expansion of Child ACTT, Intensive In-home, and TASK (Treatment Alternatives for Sexualized Kids® treatment model). Foster care decreased in size slightly due to vacant positions and hiring difficulties with plans to grow this year. Staffed with trauma experts, CHA is working to build specialized program hubs across NC for Child ACTT, TASK, and Outpatient Therapy as well as educate and empower communities throughout the entire state.

When the Whitesides family began their journey into foster care, they expressed their willingness to support any child who needed love. Buddy came into their lives over a year ago as a timid but sweet little boy. He had experienced severe trauma as a child through physical abuse and neglect.

After a few visits to their pediatrician, the Whitesides got the news that Buddy had Autism Spectrum Disorder. Without blinking, The Whitesides family jumped into action. Through research, online support groups, and their foster care training they became ASD experts and created a therapeutic and thriving home environment for Buddy to grow in. Buddy's development is significantly delayed. But with the support of the CHA community, he is showing progress and hitting milestones every day. The Whitesides have dedicated their life to supporting Buddy but couldn't do it without their family, friends, and people like you.



The Whitesides family on the day of Buddy's adoption finalization.



At 6'5", JaQuan is hard to not get noticed. People always ask him if he plays sports but his real passion is art. At the local alternative school, JaQuan was bullied for the first time in his life. JaQuan became increasingly distant from family and started sleeping as much as possible.

Fortunately, his pastor could see that something was troubling him. He connected JaQuan with Children's Hope Alliance and he began outpatient therapy. It turns out that depression runs in his family and pairing that with recent life events triggered his mental illness.

JaQuan is participating actively in therapy every week and is learning how to turn his passion for art into a therapeutic coping mechanism to manage his severe anxiety and depression.

program & service data from 2022

Foster Care & Adoption Services

267 children are closer to their forever home

- Family & Therapeutic Foster Care
- Intensive Alternative Family Treatment
- Adoption & Post-Adoption Services

Community-Based Services

540 children are on their healing journey

- Catawba Valley Healthy Families
- Intensive In-Home Services
- Intensive Family Preservation & Reunification Services
- Treatment Alternatives for Sexualized Kids (TASK)
- Child Assertive Community Treatment Team (Child ACTT)

School-Based Therapy

593 children improved in school

Heartstrings Music & Arts Program

144 children found support

Outpatient Therapeutic Services

505 at-risk children and families found support

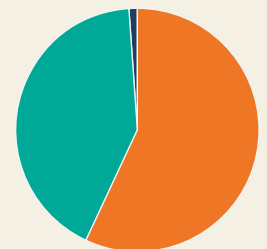
- Individual, Group and Family Therapy
- Psychological Evaluations
- Comprehensive Clinical Assessments
- Medication Management
- Substance Abuse Assessments & Treatment

Community Partnerships

230 children and families found support

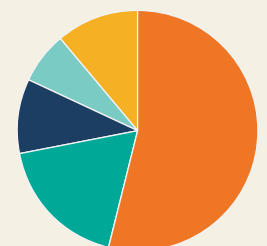
Christmas Angel Program, Hope Closet, The Advocate, and others

about the children & families you helped



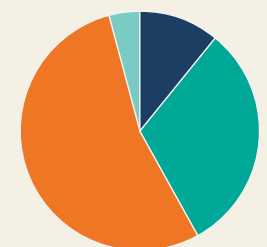
Gender

- ▶ Male 57%
- ▶ Female 42%
- ▶ Non-binary <1%
- ▶ Unreported <1%



Race

- ▶ White 59%
- ▶ Black 22%
- ▶ Multiracial 8%
- ▶ Hispanic 8%
- ▶ Asian <1%
- ▶ American Indian or Alaskan Native <1%
- ▶ Other <1%
- ▶ Unreported 2%



Age

- ▶ 0-5 6%
- ▶ 6-11 33%
- ▶ 12-18 58%
- ▶ 19+ 3%