



New items are needed to help provide for the daily needs of the children and families in our care.

Your donations and contributions are deeply appreciated. To **make an appointment to drop off items at a location nearest you**, please call 1-800-320-4157. **If you live too far away or prefer to donate items online**, call us or visit our website to make a cash donation, view our Amazon Wishlist, or find out other ways you can help.

ITEMS NEEDED

SCHOOL

2-pocket folders
3-ring binders (all sizes)
3-ring tab dividers
colored pencils
washable markers
mechanical pencils
black ink pens
compasses, protractors
index cards
highlighters (yellow, pink, green)
dry-erase markers & erasers
composition notebooks
book bags
child-safe scissors

TOYS/REWARDS

Sudoku books or activity books
Legos
K'Nex building toys
children's puzzles
board games
bicycle & helmet
sensory play toys
movie/museum/activity tickets
restaurant/Starbucks gift cards

HYGIENE

mouthwash (alcohol-free)
deodorant (boy & girl)
tissues, band-aids, wet wipes
combs & brushes
shampoo & conditioner (all hair types)
antibacterial wipes & hand sanitizer
toothpaste toothbrush (adult soft)
disposable razors
hand/body lotion
body wash
bar soap
feminine hygiene products

HOUSEHOLD

bedding sheets, blankets, mattress covers
bed pillows
towels (bath, hand, wash cloth, kitchen)
laundry detergent
dryer sheets
all-purpose cleaners (409, Windex, Pledge)
toilet paper, tissues, napkins, paper towels
13-gallon trash cans & bag liners
plastic storage containers (all sizes)
zipper storage bags (all sizes)
flashlights
batteries (variety)
dish sponges
dish soap
hand soap
Lysol wipes
parchment paper
aluminum foil
paper plates
plasticware

MUSIC & ART THERAPY

stress balls
play dough
craft & jewelry making kits
scrapbooking materials
tape (single and double-sided)
art supplies (beads, glitter, etc.)
colored tissue paper
colored construction paper
card stock
educational activity books
Sudoku books or games
writing journals and nice pens
mp3 players with earbuds
acrylic paints
canvas (blank)
1" painter's or masking tape
tissue paper
craft glue
multicolored craft buttons
plastic table covers
sketchbooks
Legos
guitar picks & tuners
practice keyboards

MISCELLANEOUS

breakfast bars
juice boxes
individually-wrapped snack items
gas gift cards
grocery gift cards
Walmart gift cards



ChildrensHopeAlliance.org

facts about North Carolina's children



1/2

Nearly
of NC children
live in poor or
low income,
at-risk homes



1 in 5

NC children
live in food
insecure
households



1 in 5

NC children has a
mental, behavioral
or developmental
disorder



72%

of NC children who need
mental health services
do not receive them.

In the past 20 years,
NC's population
of children has
increased by
42%

More than
10,000
NC children are
in foster care

Top 3 reasons children
are brought into care:
**neglect, abuse,
caretaker's inability
to cope**

**Our state ranks
33rd overall
in child well-being.**

We can do better – together.

Why do we need your help to fund our services?

There are more than 2.3 million children in North Carolina. Over 465,000 of them have a mental health or behavioral disorder and could use the services we offer. The majority of them never receive the services they need. **They need our help.** And, we need yours.

Fees we receive for services (government and insurance reimbursements) only cover 66% of the cost of services. So we rely heavily on our endowment and private contributions in order to fully serve NC children and families in need. In 2021, 79% of every dollar raised or paid went directly to programs that support children and families.

Without support from people like you, we couldn't transform the lives of children and families who need our help. Thank you!



get involved



- ▶ **donate**
Join the Alliance to support children and families
- ▶ **advocate**
Find us on social media – like, post, & share
- ▶ **volunteer**
Help others find Hope, Health, and Healing



children's hope
— ALLIANCE —

HOPE, HEALTH, and HEALING for generations

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#BETHEHOPE