



2021 Impact Report

on Mission

Overcoming tremendous obstacles, CHA shines bright...

97%

of children agree,

"I am better able to cope with challenges and stress."

96%

of parents agree,

"I was included as a partner in planning my child's services."

99%

of children agree,

"Staff treated me with respect."

Mecklenburg and Iredell counties were **the most common source of referrals**, followed by Cumberland, Guilford and Wake counties.

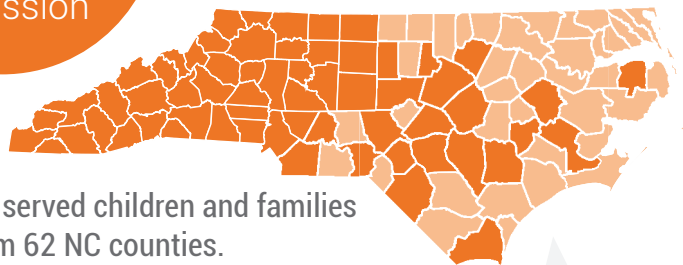
Contact us today to learn more about how you can help change lives.



children's hope
— ALLIANCE —

704-872-4157 / 1-800-320-4157
PO Box 1, Barium Springs, NC, 28010

[ChildrensHopeAlliance.org](https://www.ChildrensHopeAlliance.org)



We served children and families from 62 NC counties.

In 2021 Children's Hope Alliance helped over 2,000 children and families through programs, services and community partnerships.

Despite hardships due to COVID-19, staff as well as children and families persevered – overcoming challenges throughout the year. As the global pandemic continued on throughout 2021, Children's Hope Alliance maintained its shift from residential care toward community-based services. Pushed to modify our services and how we interacted with children and families, our staff remained committed to helping those in need while maintaining the health and safety of everyone.



Meet Isaac, age 8

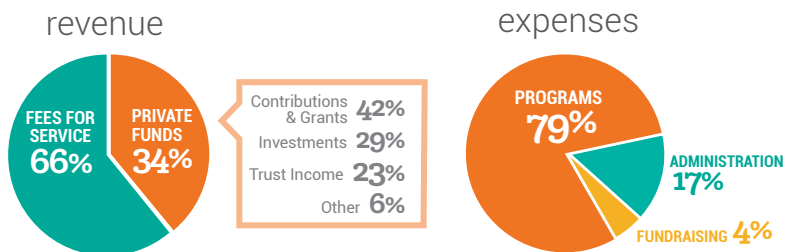
Isaac wasn't mean, he was just mad. It felt like he was mad all the time. In fact, he couldn't remember a time when he didn't feel that way. The worst part about it was that sometimes he didn't know why he was mad. And sometimes being mad stopped his ability to think about what he was doing – words would fly out of his mouth, his fists would fly at other people, or his arms would make things fly around the room.

Things were especially bad at school. That's when he started attending therapy sessions at Children's Hope Alliance. Pretty soon, Isaac was able to calm himself down when he got mad. He found himself raising his hand in class, playing with kids on the playground, and smiling ... for the first time he could remember.

Your gifts mattered and we are grateful...

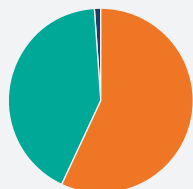
Fees we receive for services (government and insurance reimbursements) only cover 66% of the cost of services. So we rely heavily on our endowment and private contributions in order to fully serve NC children and families in need.

We simply could not fund our mission without you.



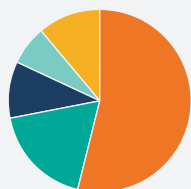
Administration costs at CHA are not frivolous expenditures. These expenses include critical staff training, transportation to rural family locations, extra therapy not covered by insurance, and many other needs not covered by fees for service.

about the children & families you helped



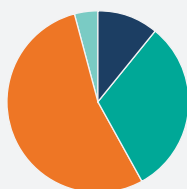
Gender

- ▶ Male 57%
- ▶ Female 42%
- ▶ Unreported 1%



Race

- ▶ White 54%
- ▶ Black 18%
- ▶ Multiracial 10%
- ▶ Hispanic 7%
- ▶ Unrecorded 11%



Age

- ▶ 0-5 11%
- ▶ 6-11 31%
- ▶ 12-18 54%
- ▶ 19-24 4%



Meet Kailyn

Born to drug addicted parents, the beginning of Kailyn's life was full of fear and neglect. She was kept locked up in a make-shift cage — an old playpen with a baby gate attached to the top with bungee cords. At two years old, she hadn't yet learned to eat solid foods and was found filthy, frail, and with severe asthma.

Kailyn was removed from her home and immediately placed in foster care. But her journey to healing was far from over. She was described by one foster mom as "feral." Her trauma wouldn't let her begin to trust just yet.

Program & service data from 2021

Foster Care & Adoption Services

321 children are closer to their forever home

- Family & Therapeutic Foster Care
- Intensive Alternative Family Treatment
- Adoption & Post-Adoption Services

Community-Based Services

400 children are on their healing journey

- Catawba Valley Healthy Families
- Intensive In-Home Services
- Intensive Family Preservation & Reunification Services
- Treatment Alternatives for Sexualized Kids (TASK)
- Child Assertive Community Treatment Team (Child ACTT)

School-Based Therapy

58 children improved in school

HeartStrings Music & Arts Program

(This new therapeutic music & arts program began in late 2021.)

Outpatient Therapeutic Services

925 at-risk children and families found support

- Individual, Group and Family Therapy
- Psychological Evaluations
- Comprehensive Clinical Assessments
- Medication Management
- Substance Abuse Assessments & Treatment

Residential Services

40 children and young adults had a safe home

(The last of our residential homes closed in 2021.)

Community Partnerships

Christmas Angel Program, Hope Closet, The Advocate, and others

That's when Children's Hope Alliance found her the perfect foster parents. Their nights were long, but they were determined to do everything in their power to help this little girl. When they felt like giving up, our team was there to support and help them recharge. Through weekly parenting classes, they were guided to become a therapeutic home and created a structured world that began to heal Kailyn's hurt. For the first time in her life, she found love.

Kailyn has been able to thrive in her new environment. She has even become an amazing swimmer, when not so long ago she was too scared to even take a bath.

*Children's names and photos have been changed for their protection, but their stories are very real.