



Far West Conference 2020

WORKSHOPS

When It All Breaks Loose: How to Keep It Together and Avoid Freak Outs and Burnout

MARC MURPHY, LCSW

Are you able to leap tall buildings in a single bound? Me neither. While all adoptive and foster parents are true super heroes, we all need as many super powers as we can get to help raise children who have experienced trauma. This training will explore proven steps to help you overcome the hardest days of being a parent. We will hit on burn-out and managing stress, while also using successful strategies to tackle tantrums head on. Bring your cape.

The Five Laws of Changing Behaviors

RON STIER

You know the behaviors your child does which creates chaos in your home? You have tried everything you know to change the behaviors but have had little to no success. Hope is not lost but unfortunately, there is no magic wand to change our kid's behaviors. However, there are simple, effective, and easy to implement techniques influenced by five laws of behavioral change. When you intentionally and constantly engage in these guiding principles you will witness a gradual transformation of your child's behaviors. Come discover the laws that have been changing behaviors in thousands of children since 1967 so peace can once again arise in your home.

Parenting the Traumatized Child: How Trauma is Reflected in Brain Development and Behavior

MAX McINTOSH, MS, EdS, LCMHC

In this workshop, we will explore the impact of trauma on brain development. Anger outbursts, defiance, and strange behaviors are often the result of a child's adaptation to past trauma. The goal of this workshop is for attendees to leave with an improved understanding of why children respond in unexpected ways, and help parents develop skills to manage these behaviors beyond the traditional reward and punishment approach. We will talk about how to parent through these rough spots and learn how to help children build a better brain that will help them create better lives.